

Women-Supporting-Women Drop-In Groups

Free, confidential, and supportive drop-in groups for women who have, or currently are, experiencing abusive or unhealthy relationships.

When: Tuesdays from 1:30-3:00 p.m.

Resolve Counselling Services Canada
417 Bagot Street, Kingston, Ontario, K7K 3C1

COST: FREE

*Resolve is a Scent-Reduced space. Please be advised that Resolve cannot guarantee a Scent-Free space.
Please be considerate of others and avoid scented products when attending this group.*

July 2019 Topics:

Tuesday, July 2nd
Journaling & Art Journaling

Tuesday, July 9th
Peer Discussions

Tuesday, July 16th
Healthy Relationships Vs Unhealthy Relationships Part II

Tuesday, July 23rd
Peer Support

Tuesday July 30th
Self Talk

For More Information:

Call: (613) 549-7850
Visit Us Online: www.resolvecounselling.org