

Women-Supporting-Women Drop-In Groups

Free, confidential, and supportive drop-in groups for women who have, or currently are, experiencing abusive or unhealthy relationships.

When: Tuesdays from 1:30-3:00 p.m.

Resolve Counselling Services Canada
417 Bagot Street, Kingston, Ontario, K7K 3C1

COST: FREE

*Resolve is a Scent-Reduced space. Please be advised that Resolve cannot guarantee a Scent-Free space.
Please be considerate of others and avoid scented products when attending this group.*

November 2019 Topics:

Tuesday November 5, 2019
Journaling – Self Compassion

Tuesday November 12, 2019
Love Languages

Tuesday November 19, 2019
Dealing with Stress

Tuesday November 26, 2019
Peer Support

For More Information:

Call: (613) 549-7850
Visit Us Online: www.resolvecounselling.org