

## **Child and Youth Counselling Program**

### ***Philosophy & Objectives***

#### **Target Group**

Children and Youth residing in Frontenac or Lennox and Addington counties who are experiencing social, emotional and/or relationship difficulties.

Children and Youth residing outside the above geographical boundaries who are experiencing social, emotional and/or relationship difficulties and specifically request to be seen by our agency.

#### **Philosophy**

The Child and Youth Counselling Program of Resolve Counselling Services Canada believes that all Children and Youth need connection to a family and/or significant others to help them mature.

The Child and Youth Counselling Program believes in maintaining the linkages with family and/or other positive role models in order to provide guidance, direction and nurturing.

The Child and Youth Counselling Program believes that supporting children and youth leads to healthy relationships and mature adults.

The Child and Youth Counselling Program believes the needs of children and youth are unique to their age and circumstances and not necessarily the same as those of adults.

The Child and Youth Counselling Program believes that each child or youth has his/her own unique perspective on the problems he/she is bringing to counselling. This uniqueness is informed by a variety of influences including social, cultural and spiritual factors.

#### **Objectives**

- To support and assist children who are coping with transitions in family and personal life.
- To support and assist children and adolescents in reconciling relationships with their parents.

Objectives cont.

- To support and assist adolescents in their transition from home to independent living.
- To support and assist children and adolescents in crisis situations to minimize disruption to their lives.
- To develop interventions which support each child or youth's experience.
- To tailor interventions which are reflective of each child or youth's capacity to problem solve with regard to their situation.