

### Women's Counselling Program

# Philosophy & Objectives

### **Target Group**

Women residing in the southern part of Frontenac County who have experienced any form of abuse in an adult relationship.

## **Philosophy**

The Women's Counselling Program of Resolve Counselling Services Canada believes that it is a basic human right for all individuals to live their life in a non-violent environment.

The Women's Counselling Program believes that any form of abuse against women - for example, psychological, emotional, sexual, physical, verbal or financial abuse - is unacceptable and is committed to informing and empowering women in order to break the cycle of abuse.

The Women's Counselling Program seeks to serve all women, regardless of age, culture, race, lifestyle or special needs.

The Women's Counselling Program believes that each client has her own unique perspective on the problems she is bringing to counselling. This uniqueness is informed by a variety of influences including social, cultural and spiritual factors.

The Women's Counselling Program believes that partner assault is not a private family matter, but is a criminal offence and perpetrators must be held accountable for the violence.

Furthermore, this program believes it is the responsibility of the collective community to become an active partner in service development and social change in order to end violence against women.

### **Objectives**

- To provide practical and emotional support to women who have been involved in an abusive partner relationship.
- To work with other community anti-violence organizations to help end violence against women.
- To develop interventions which support each client's experience.
- To tailor interventions which are reflective of each client's capacity to problem solve with regard to their situation.